

# Center for Nonviolence Men's Program

We have provided competent batterer intervention programs since 1981. Our program is one of eight in Indiana certified under rigorous standards of the Indiana Coalition against Domestic Violence.

*All services offered in English and Spanish*

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## **Batterer Intervention Program**

The Men's program provides 29 sessions of information and dialogue for men who acknowledge they have used violence. To complete the program, each participant must attend 26 groups and three individual conferences with staff. He must reflect upon past incidents in which he used violence and abuse tactics, and complete a number of written "logs" to deepen his understanding of his motivations, beliefs, and the effects of his abuse. Each man must engage in at least one role play of his violent behavior, in which he faces up to the experience of the victim, and then demonstrates, in role play, practical alternative ways of handling the problem without using abuse. On his last day, he reads to the group a "closure" letter which he has composed, followed by a group evaluation of the quality of his work. Fees are based on a sliding scale.

## **Program Features**

- Program is committed to strict accountability. We provide monthly progress reports to referral sources and interim reports where there is noncompliance.
- Victim safety and access are our first priority. Partner/victim contacts are attempted by women's advocates at least three times during program. Victims are informed of program status of the participant.
- Facilitators are supervised by senior staff and "monitored" by victim advocates who give ongoing feedback on their effectiveness in keeping proper focus with participants.

*Our Men's Program was the first Batterer Intervention Program in Indiana, and one of the first in the nation*



*Inspiring Change. One Person...One Family...One World*

