



# Center for Nonviolence

Inspiring Change. One person...One family...One world

**Annual Report 2009**



The Center for Nonviolence provides education, support and advocacy to end domestic and other forms of violence while modeling equality and power sharing.

235 West Creighton Avenue  
Fort Wayne, IN 46807  
260-456-4112  
[www.centerfornv.org](http://www.centerfornv.org)

**Nonviolence:**

“A lifestyle based on love, truth, and community.”

“Speaking up for the truth in ways that do not hurt or control others.”

**A Lifestyle**

First, it is important to remember that nonviolence is a lifestyle, not just a specific act.

Nonviolence is a lifestyle based upon love, truth and community. It involves speaking up for the truth in ways that do not harm others. Can you see that nonviolence is power, and to live a nonviolent life is to have true power? Violence is a form of power that keeps you looking over your shoulder in fear, or, worse, in the pretense that you are fearless. This hollows out your insides, leaving a void that you try to fill by extracting things from those around you. When they resist, you misinterpret this as disrespect. Nonviolence begins with taking responsibility for the level of personal power you have within you, and then building outward, in a generous, humble way, to contribute to those around you. Once you begin to master a life of nonviolence, it feeds your inner being. It protects you. It frees up energy that you can use to make life better still. No one is perfect. No one is perfectly nonviolent. Nonviolence is like the North Star. You face that way if you want to head north, and begin walking. The plan is to not *get to* the North Star. Just to keep moving northward, making progress, following a plan for healing, love, truth, abundance and sustainability. It can be so.

Start in your home. If you are tired of the way people treat each other in your home, begin to use your inner power, your mental toughness, to promote love and forgiveness. Stop telling yourself that they are intentionally trying to harm you, and remind yourself that they are just acting out of old patterns of learned behavior, and will change with a little encouragement. Refuse revenge for every wrong that is done to you. Teach your children to *initiate* acts of loving kindness, rather than waiting to react to some wrong.

Pick one small community action that you and your family can contribute to maybe once a week, or even once a month...Any one thing you do is trivial in the face of overwhelming odds. But each thing you do is one more strand of your being aligned with the principle of nonviolence, rather than violence.

Excerpt taken from John Beams' writings:

Workshop I: Nonviolence.

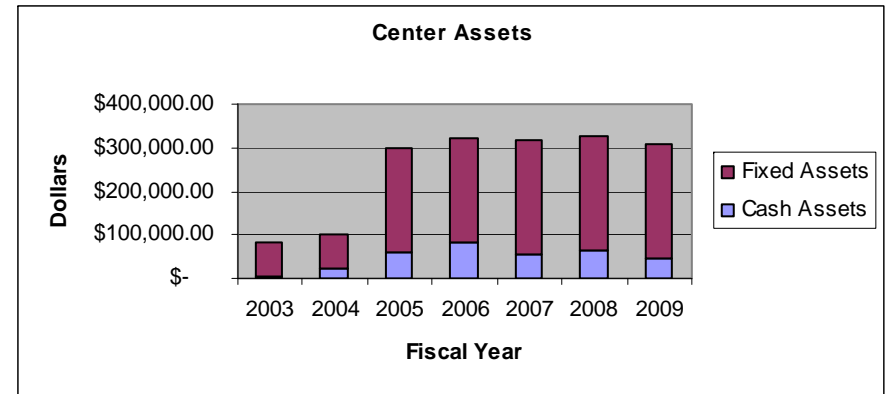
*Inspiring Change. One person...One family...One World.*

## Staff Roster

*Tony Acosta, Men's & Latino Programs*  
*Marlene Arrivillaga, Youth Program*  
*Beth Murphy Beams, Women's Program*  
*John Beams, Men's Program*  
*Josefina Cervantes, Youth & Women's Program*  
*Pat Cornell, Women's Program*  
*Ron Furniss, Men's Program*  
*Ana Giusti, Women's Latina Program*  
*Jose Hernandez, Latino Program*  
*Corinne Holtzberg, Youth Program*  
*Robin James, Men's Program*  
*Maralee Martin, Women's Program*  
*Sally Miller, Front Desk & Compliance*  
*Jeff Morsches, Men's Program*  
*Pat Mullins, Youth Program*  
*Amy Okponobi, Front Desk*  
*Tasha Sare, Youth Program*  
*Gladys Suarez, Latina Women's Program*  
*Margot Ullman, Youth Program*  
*Dawn Witte, Finance & Development*  
*Craig Young, Men's & Youth Programs*



# SUSTAINABILITY



Although the Center for Nonviolence was impacted by the tremendous economic climate of 2009, the above graph illustrates that, over time the Center remains a stable nonprofit that will be around for many years to come!

## 2009 Unaudited Financials

### *Income*

Contract Services	\$ 2,803
Fees for Service	\$141,734
Foundation and Trusts	\$125,283
Gov't Grants	\$ 77,618
Individual Support	\$ 13,647
Misc./Other Income	\$ 10,784
Special Events/Misc	\$ 5,818
Trainings for Professional	\$ 7,267
United Way Support	\$ 27,192
Worship, Corporate, Club	\$ 7,435
	<u>\$419,581</u>

### *Expenses*

Accounting, Legal, Professional	\$ 5,747
Bank Service Charges	\$ 1,255
Business Insurance	\$ 13,362
Dues, Subscriptions, Gifts	\$ 239
Misc./Other Expenses	\$ 400
Office Supplies	\$ 2,404
Postage & Delivery	\$ 2,271
Printing & Reproduction	\$ 7,645
Program Expense	\$ 3,719
Recruitment, Training	\$ 1,780
Repairs & Maintenance	\$ 3,449
S/W/B Program Staff	\$311,614
S/W/B Support Staff	\$ 64,474
S/W Contract labor	\$ 16,451
Security, Phone, Utilities	\$ 19,059
Special Events/Promo	\$ 1,968
	<u>\$455,837</u>

Interest income \$ 1,307  
***Net Ordinary Income*** \$ (34,949)

Capital income \$ 27,500  
Capital Expenses \$ 4,859  
***Net Total Income*** \$ (12,308)

## Coordinating Panel Roster

*Laura Boyer*  
*Nancy Cripe*  
*Ann Frellick*  
*Brindha Hariharan*  
*Alan Hofer*  
*Sherwin Kepes*  
*Barbara Linden*  
*Kim Miller*  
*Susan Minke*  
*Marcia Schaefer*  
*Laurie Weier*



*Foundation Support for the Center for Nonviolence  
provided by...*

The Center for Nonviolence's focus in 2009 was on increased visibility and sustainability for the Center. We did this through creating comprehensive marketing materials, which allowed us to make professional presentations to current and potential referral sources; we held special events; and created new collaborations with other community organizations. Our hope is that this report reflects those efforts.



We are already beginning to see results, we have brought in dozens of new contacts and new referral sources to the Center. Out of these new contacts we have found new volunteers and new community awareness that we have every reason to believe will help inspire and sustain the Center for many years to come.

English, Bonter Mitchell Foundation  
Aon Foundation  
Wilson Foundation  
Indiana Youth Services Assn.  
Joel & Marilyn Salon Philanthropic Fund  
Thurston Foundation  
Ft. Wayne Health & Education Foundation  
Plogsterth Foundation  
Krouse Foundation  
Bowker Foundation  
Wilson Foundation  
Dyer Family Foundation  
Walmart Foundation



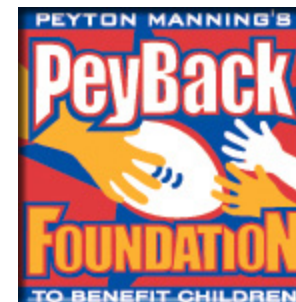
INDIANA BAR  
FOUNDATION



United Way of Allen County  
Agency Partner



Target Foundation



Foundation  
PUTTING YOUR DREAM WITHIN REACH

**In memory of Marcia Steigerwald**

Margie Costis & Deb DeBord  
Bostelman Insurance Service

**In memory of Bill Bean**

Kim & Cathy Miller

**In memory of Ed Budek**

Stan & Cheryl Criswell

**In memory of Barbara Romero**

Jim & Barbara Phillips

**Business Support**

Aqua Systems  
Aunt Millie's Bakeries  
The Bookmark  
Casa Restaurant  
Curves  
Dulin, Ward & DeWald, Inc.  
The Friendly Fox  
Indiana Mexican Bakery  
International Truck & Engine Corp.  
Kroger/Scotts  
Meijer  
Mutual Kumquat  
Neuhouser Nursery  
One to One – Pamela Holt  
One Resource Group, Corp.  
Romary Financial Services  
Rudisill McDonalds  
Scientific & Regulatory  
Consultants, Inc.  
Southgate Pizza Hut  
Van Wert Cinema  
Wagner & Associates  
Waynedale Pizza Hut  
Wells Fargo  
West State Pizza Hut

**Worship Support**

Beacon Heights Church of the  
Brethren  
Churubusco United Methodist Church  
First Presbyterian Church  
First Baptist Church  
Open Door Chapel  
Our Lady of Victory Missionary Sisters  
St. Vincent DePaul Parish  
Plymouth Congregational Church

# VISIBILITY



The women of the Spanish-speaking support groups planned and carried out “Abriendo Puertas” or “Opening Doors” – the women made dishes from their native countries which they sold to the public while providing cultural dancing and music for entertainment.

Beacon Heights Church of the Brethren brought in a socially conscious music group, Mutual Kumquat, to hold a concert, with a free will offering to benefit the Center. The music and gathering was enjoyed by all who attended.



Held a showing of the award winning movie, “Pray the Devil Back to Hell” – about the women’s movement that precipitated the nonviolent overthrow of Liberia’s dictatorship followed by a discussion led by a Liberian woman.

# MEN'S PROGRAM

*John* continues to work on the Inspire Grant writings.  
\*See excerpt.

***Clients Served in 2009***  
***Men Intervention Program—372***

## ***Outcomes in 2009***

96% of male clients agree that they can apply the things they learned at the CFN in their own lives, with 73% strongly agreeing

97% of male clients agree that overall CFN has had a positive impact in their lives, with 71% strongly agreeing

97% of male clients agree that they were treated with respect by CFN staff, with 86% strongly agreeing

**Men's  
Collective  
Meeting**



“The program has exceeded my expectations”

“It’s a life altering experience. Everything we learn or recognize can be taken home and applied to everyday life. Also we can teach other people what we have learned. I don’t think anyone really wants to be here but can’t help not to feel wanted and changed.”

Chris Sperry & Karin Suskin  
Jennifer & Paul Spoelhof  
Matt & Janel Sprunger  
Todd & Lisa Liechty Steele  
Thomas & Linda Strupp  
Barb Swartley & Wilma Harder  
Diane Taub  
Sara Lyn Thompson  
Mag Timm  
Linda Troop & Nancy Cripe  
Joan Daley Uebelhoer  
Rita Voors  
Monica Wehrle & Harriet Miller  
Herb & Laurie Weier  
Marge White, Pauline Grutzius, & Margaret Hoffelder  
Anne Woenker  
Nancy Yeatter Sare  
Betty & Lamar Yoder  
Jim Zamora  
Zoe Zefo  
Ronald & Lois Zeitlow  
Dan & Beth Zweig

**In honor of Fort Wayne Friends Worship Group**  
Sean Carroll

**In honor of Kim Miller**  
Cathy Miller  
Brian Miller  
James & Susan Berghoff

**In honor of Chris Garrett**  
Hope Missionary Church

**In honor of Ann & Fran Frellick**  
Marcia Frellick  
Paul Frellick  
Jackie Paskal

**In honor of Barb Linden**  
Cheryl Linden

**In honor of John Beams**  
Michael & Jo Ellen Rush  
Charles Weinraub

**In honor of Pat Cornell**  
Pamela Cornell-Allen

**In honor of Sherwin Kepes**  
Norm & Ronnie Greenberg

**In honor of Gail Milne**  
Margaret Milne

**In honor of dedicated CfN Staff and Coordinating Panel**  
Rikki Goldstein

**In memory of Rachel & Homer Kiracofe**  
Dave & Sandy Kiracofe

**In memory of Mary & Don Brogan**  
Kate Brogan

**In memory of Ralph Taylor**  
David & Faith Van Gilder

**In memory of Michael Cline**  
Barbara & Cory Hart

**In memory of Lael Raymer**  
Joan Daley Uebelhoer  
Automotive & Industrial Supply Co. –  
The Batress Family  
Suzanne & Ned Lee  
Ann Horn  
Elaine & David Krider  
Kathy Weiss

***Thank you to all of our wonderful supporters!***

Lyn Adams  
Parks & Paula Adams  
Denis & Mary Arnold Schwartz  
Pat Ashton  
Dr. Deepchand & Dr. Dolly Bajpai  
Gervaise Bastian  
Mark Beck  
Dean & Reba Beery  
Tom & Ruth Ann Bever  
Thomas & Susan Blaising  
Brendan & Staci Bougher  
Kate Brogan & Bob Bayer  
Deanna Brown & Brian Harley  
Arthur, Phyllis & Brian Burns  
Paul Burris  
Tama-Lynn Burris  
Mary Ann Cain  
Connie Carman & Janet Naish  
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Clark Co. Schools  
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Thomas & Maryjane Coursen  
Tom Coursen  
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Robert Anthony Ford  
Fran & Ann Frellick  
Norma Friedman  
Paul & Kathy Fry-Miller  
Karen Goins  
Rikki & Lenny Goldstein  
Lois Good  
Nancy Gossett  
Alan Grinsfelder  
Bob & Rachel Gross  
Heidi Gross  
Brindha Hariharan  
Jean Havens  
Dr. Vivian Hernandez  
Al Hofer  
Tom & Jane Hoffman  
Mary Huntley  
Sox Sperry & Lisa Tsetse

Ramona Jarboe  
Richard & Theresa Johnson  
Lisa Jones  
Betsy Kachmar  
Sherwin & Mikki Kepes  
Bill & Ev Kilgore  
Carla Kilgore  
Joshua & Raquel Kline  
Kimberly Koczan & Brian Flory  
William & Judith Lee  
Regina Leffers  
Barb Linden  
Marcia Linsky  
Joe & Kathleen Long  
Tony Loviscek  
Jan & Dianne Lung  
Louise Magoon  
Christine Marshall  
Rosemary & Ron Mausser  
Ronda Mendenhall & Dennis Dix  
Dr. Mohan Menon  
Neil Meyer & Mary Berghoff  
Gregory Miller  
Kim & Cathy Miller  
Gail Milne  
Eric Mollberg  
Liz Monnier  
Virginia Neff  
John Charles Nichter  
Eric & Elizabeth Nickeson  
Amy Okponobi  
Johan & Michelle Olofsson  
Dr. Rita Padmore  
Raymond & Betty Pippert  
Kathy Pollock  
Marna Renteria  
Dr. Alan Richards  
Ann Richards  
Rick Robles  
Joseph & Jane Ann Roehrig  
Stephen Rothberg  
Carol & Dick Schwartz  
Daniel & Judith Smith  
Dr. Darryl & Sharon Smith

“They do an excellent job at teaching and making you relate to others.”

***Clients Served in 2009***  
***Women Intervention Program—97***  
***Mother’s Intervention Group—14***  
***Women’s Support Groups—177***

***Outcomes in 2009***

100% of female clients agree that they can apply the things they learned at the CFN in their own lives, with 73% strongly agreeing

100% of female clients agree that overall CFN has had a positive impact in their lives, with 73% strongly agreeing

100% of female clients agree that they were treated with respect by CFN staff, with 86% strongly agreeing

**Sin by  
Silence  
Follow-Up  
Brunch**



“Thank you for the help. I’m one of the women you’ve helped. I stop and think about my actions before I react most of the time. Keep on the good work!”

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# YOUTH PROGRAM

“I improved:  
-the way I see life  
-the way I view things  
-the way I handle situations  
-the way I act”

**Clients Served in 2009**  
*Youth Intervention Program—127*  
*CNI School-Based Program—68*  
*Youth Support—241*

## Outcomes in 2009

94% of youth clients agree that they can apply the things they learned at the CFN in their own lives, with 71% strongly agreeing

94% of youth clients agree that overall CFN has had a positive impact in their lives, with 76% strongly agreeing

100% of youth clients agree that they were treated with respect by CFN staff



**Peace in the Streets Rally 2009**

## Student Comments from School Program

“Yes, I learned from the past and I will stop fighting. I’m going to be on the good track.”

“Yes, it was great!”

“It helped with my self-control”

“CfN is a great place to change your life around. This place makes you realize that violence is not worth it.”

# VISIBILITY



Held our 3<sup>rd</sup> annual walk, Strength in Stride, to raise awareness for Domestic Violence. Walkers showed their strength on the 2-mile “Circle of Hope” which is part of our cities beautiful Rivergreenway trail.

Walkers were welcomed back to our Lawton Park starting point with drumming from the Three Rivers Jenbe Ensemble.



Held a showing of the movie, “Sin by Silence” – a documentary about women convicted of killing their abusive husbands and the movement they created from behind bars to call attention to and advocate for a world free from domestic violence, followed by a discussion led by the director and one of the women featured in the film.



Hosted an English Tea House as part of the Woodland – Williams holiday home tour to educate the public about the Center and its programs. We had return visitors so they must be enjoying the tea and cakes!!